

***Heading into week three and look at the offering of amazing walking angels....***

You have continued to rally donations of cleaning products, paper products and food for those in our community who have been left without income due to this shut down.

*This is not the time to stop....this is a time to call on more to join us in making ripples. We started the ball rolling and within the 1<sup>st</sup> week met many needs, but we were not able to assist all of the needs.*

***Can you simply offer a “plus one”?***

***Purchase for your household and offer “plus one” for a household literally struggling to survive.***

***What can I offer?- What your home needs, their home needs-***

**Gold household needs:** toilet paper or any & every paper product; disinfectant sprays and/or wipes; personal care items (deodorant, razors, hair/face care, etc.); laundry detergent; baby/body wipes; dental care products; bars of soap or liquid soap

**Fresh Food Donations-** Milk, Eggs, Ground Beef, Chicken- Drop off to Gelsosomo's Pizzeria, 206 Main St., Downtown Lemont, 11am-7pm- 7 days a week.

**Helpful/Healthy Distractions:** Game books- word finds, Sudoku, etc., puzzles- new & sealed, bubbles/chalk, journals; drawing items and paper; deck of cards; whatever is working for your home ☺

**Gold food items:** canned meat; canned pasta/meals; juice and/or water; canned or package fruit; granola/breakfast/protein bars; microwavable meals/items; baking mix- add water only; syrup

**Shop from home for “gold Items” via our Amazon Link set up by Calvary Church, Lemont:**

[https://www.amazon.com/hz/wishlist/ls/285TQBER3MHMQ/ref=cm\\_go\\_nav\\_hz](https://www.amazon.com/hz/wishlist/ls/285TQBER3MHMQ/ref=cm_go_nav_hz)

**Offer a “Plus One” meal-** If you are ordering out, gift a meal to a home that would not otherwise be able to afford eating out. We have delivered more than 90 meals to homes that are huddled in trying to see the light in the storm. *You have been it.*

**Encouraging/ Uplifting/inspirational notes-** I promise you I have put every single note offered into a set of hands that needs this love and light. DO NOT underestimate the power of a positive thought in a time of stress, strain and unknown. Notes from our kids are so very appreciated, yet every note lifts these struggling hearts and spirits!!! Drop notes off at any of the donation sites listed below.

**Gift Cards-** to any of our food stores, Dollar Store, Target, Walgreens/CVS, gas cards, can be dropped off to the blue Hope and Friendship Foundation bin located at Gelsosomo's Pizzeria, 206 Main St., Downtown Lemont, 11am-7pm- 7 days a week.

***Where can I drop these off?***

Lemont Police Department –drop bin is in entry way and available 24/7; Gelsosomo's Pizzeria – drop off for non-perishables, personal and cleaning items, notes, gift cards **and** fresh food offerings); Calvary Church 1275 State St.; Blue the Trailblazer in Terri's driveway- 721 Hickory St; Village Hall entryway- 418 Main St.; Bins also available for your convenience at: 6 E. Logan; 24 W. Logan; 12473 Briarcliffe Dr.; and 413 4<sup>th</sup> St..

***When do I need to donate by?***

Today, tomorrow, any day going forward. As long as your household is riding through this crisis so is another right here, right now. Your extreme generosity in offering “plus one” will make the difference between surviving or being steamrolled by this crisis. *We will ALL get through this....together.*

Wishing you peace, love and health,  
Terri

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Hope and Friendship Foundation

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“Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy.” ~ Proverbs 31: 8-9